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**Good Morning,**

We hope that you slept well last night.

Your order for breakfast will then be taken shortly. All hot breakfasts are cooked to order and to your liking.

Please choose from the below options

We would like to take this opportunity to wish you a very pleasant day.

**Beverage** **|**

Coffee or Tea,

Fresh Orange or Apple Juice,

Cliff Detox Juice

**Continental Breakfast |**

Seasonal Fruit Salad & Glenilen Farm organic yogurt

Porridge with Seasonal Fruit & Honey

Toast, Croissant, Pain au Chocolat

**Hot Breakfast Options |**

Full Irish Breakfast

Eggs cooked to your liking, TJ Crowe’s Rasher, Sausage, Black and White Pudding, Tomato, and Mushroom

Organic Smoked Salmon, Scrambled Egg and Toast